



HOLISTIC
Family Medicine

www.holisticfamilymed.com

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Functional Medicine

Specializing in 'Difficult-to-treat' Conditions

Lipotropic Injections for Weight Loss

What are Lipotropic Injections?

Lipotropic nutrients are a class of natural ingredients that play important roles in the body's use of fat. This product has been used successfully for over 30 years and has been found to alleviate the "droopiness" that often occurs on a reduced calorie diet.

Lipotropic injections contain B vitamins (improves energy metabolism), Amino Acids (Methionine, Inositol, Choline – improves fat metabolism) and lidocaine (eliminates discomfort at injection site). By injecting these nutrients, difficulties associated with poor oral absorption are avoided and the full amount can be utilized by the body.

Who is it for?

Dr. Woliner has used this special formula for individuals who are "stuck" in their weight loss attempts and need that extra boost to achieve their goal weight. It can be effective in enhancing an additional 1 pound or more per week to your current regimen.

This injection has also been gratefully used for individuals who want to maintain their weight, or prevent re-gain of their lost weight.

Special considerations

The different ingredients of this mixture are known to have the following attributes:

- Co-enzymes that are required for proper metabolism of fats, and have the ability to remove fat from the liver
- Energy boost
- Speed up thought process and improve mood
- Help control cholesterol levels and gallstones
- Help with transforming carbohydrates into energy
- Help minimize unwanted water gain

Lipotropic Injections are given weekly. Cost is \$50.00 per injection.

Recommended use: Once weekly for 4 weeks minimum to determine benefits achieved.